




# COLLECTING SPECIMENS: STOOLS

## Steps for Explaining Collection to Patient

STEP	ACTION
1	Verify what tests the patients has orders for and select the appropriate container (refer to the table below).
2	On the patient instruction sheet, check off the test(s) ordered with the corresponding storage temperature.
3	Review collection and storage instructions with the patient.
4	Point out how much the patient should fill the container.
5	Give the patient the instruction sheet and the collection container to take home.

## Test Info, What Container, Transport

TEST	CONTAINER		STORAGE
Stool Culture	Orange top Vial (Para-pak® C&S)		Room Temperature
Ova and Parasites (O&P) Giardia/Cryptosporidium	Black top Vial (Total-Fix) <sup>TM</sup>		Room Temperature
WBC stool C. Diff H. Pylori Calprotectin Fecal Fat (random sample) Fecal Lactoferrin	White Cap (Protocol) <sup>TM</sup> Clean Vial Or Sterile Cup		Refrigerate (Except Calprotectin and H. Pylori which should be frozen)