

24 Hour Urine – Collection Instructions

**Label the container with your FULL LEGAL NAME and DATE OF BIRTH.
Your sample cannot be accepted without this information.**

Your physician has requested a laboratory test that will require the collection of all urine passed within a 24 hour period of time. This will require that you save all your urine in a container and return the sample to the laboratory as soon as the 24 hour period is completed.

Instructions:

DO NOT urinate into the 24 hour collection container. Urinate into a toilet hat and then pour it into the 24 hour container.

1. Before starting the first collection, label the container with:
 - The patient's full legal name (first and last, no nicknames)
 - Date of Birth
 - Date and time of first collection
2. Keep the container refrigerated or in a cooler with ice during the entire collection period.
3. DISCARD the first urine of the first day. DO NOT add it to the container. Start collection with the next urine.
4. Collect all urine during the next 24 hours, including the first urine on the second day. Collect by urinating into the toilet hat provided and then pouring into the 24 hour container.
5. Print the date and time of final collection on the container
6. Return the container to the lab as soon as possible after the last collection.
NOTE: Please discard the toilet hat. DO NOT return it with the sample.