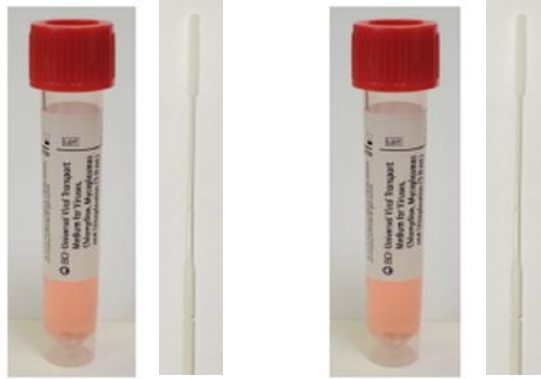


# Monkey Pox Collection Instructions



The provider **MUST** call the VDH Epidemiology Program at 802-863-7240 or 1-800-640-4374 for approval **PRIOR** to ordering this test.

**Order:** Miscellaneous Test and indicate Monkey Pox as the desired test

**Sample:** Tubes from a Monkey Pox collection kit. **Per VDHL, if a kit is not available Floc swabs in red top 3 mL UTM tubes (labeled by the manufacturer as Universal *Viral* Transport Medium) are acceptable** (see image above). Other forms of universal transport media are NOT acceptable.

Two samples should be provided. These samples should be collected from two separate lesions. **Tubes MUST be labeled with the lesion site.**

**Sample Collection:** A total of **TWO** lesion sites should be collected. Select lesions from different locations on the body and/or from lesions with differing appearances.

**Note:** Unroofing the lesion is not necessary.

1. Rub a single lesion (Site 1) **VIGOROUSLY** with **ONE** sterile applicator swab.  
Rub as vigorously as the patient can tolerate. Failure to rub vigorously can result in an inadequate specimen and yield an inconclusive result.
2. Insert the swab into one 3mL UTM tube and break off the end of the swab shaft.
3. Ensure screw cap is not cross-threaded and is screwed onto the tube tightly.
4. Label specimen container with the following:
  - Patient name
  - Date of birth
  - Lesion location (e.g. right foot, abdomen, left thigh)
  - Collection date/time
5. Place the UTM tube into a biohazard bag. Close and seal the bag.
6. Repeat steps 1-5 for a **SECOND** lesion (Site 2).

**Storage:** Sample should be refrigerated. Stability is 48 hours at room temp and 7 days refrigerated

## **Shipping:**

- Place each sample in into a separate Ziploc biohazard bag. Place the requisition in the outer pocket of the biohazard bag.
- Ship refrigerated to Springfield Hospital Lab via courier.
- Springfield Hospital Lab will send the sample to the Vermont Department of Health Lab
- Sample **MUST** reach VDHL within 7 days of collection

**Results:** VDHL will fax the results to SHL. These faxed results will then be scanned into the patient's CPSI account.